

KAISER PERMANENTE **DENTAL**

# HMO BENEFIT OVERVIEW



**KAISER PERMANENTE**  
DENTAL

# WHY DO YOU NEED DENTAL CARE?

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- 1** Left untreated, dental issues can lead to serious **infections and pain**.
- 2** Going without treatment often results in a **lifetime of needs**.
- 3** Most cases are nearly **100% preventable**.

## DID YOU KNOW?

More than **90%** of all systemic diseases are linked to oral health. Poor oral health can lead to and escalate serious overall health issues.

- **75%** of Americans have some form of gum disease.<sup>1</sup>
- Patients with even mild periodontal disease were **2X** as likely to have a stroke compared with those with healthy mouths.<sup>2</sup>
- The mouth can serve as an important early-warning system for more than **120** diseases.<sup>1</sup>

<sup>1</sup>"Importance of Oral Health to Overall Health," Academy of General Dentistry, February 2017.

<sup>2</sup>"Atherosclerosis Risk in Communities Study," University of South Carolina School of Medicine, 2017.

# WHAT'S COVERED?

PLAN BENEFITS	HMO PLAN COVERAGE
My dentist network	160 Kaiser Permanente dentists
Waiting period?	No
Annual maximum	\$2,500
Preventive	100% Preventive care doesn't count toward the annual maximum.
Basic	90%
Major	70%

## TERMS TO KNOW

### › WAITING PERIOD

The amount of time a member must wait before some or all of their coverage comes into effect.

### › ANNUAL MAXIMUM

The total amount the Kaiser Permanente Dental plan will pay for a member's dental care within a 12-month period.

### › PREVENTIVE

Services such as exams, X-rays, dental cleanings, and fluoride treatment.

### › BASIC

Services such as fillings, extractions, and root canals.

### › MAJOR

Services such as crowns, dentures, and fixed partial dentures.

# GETTING CARE IS **EASY** . . .

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Choose your dentist and make an appointment.

Follow these **2 easy steps** to get care:

- 1** Select a dentist from our online directory at [kp.org/dental/nw](https://kp.org/dental/nw).

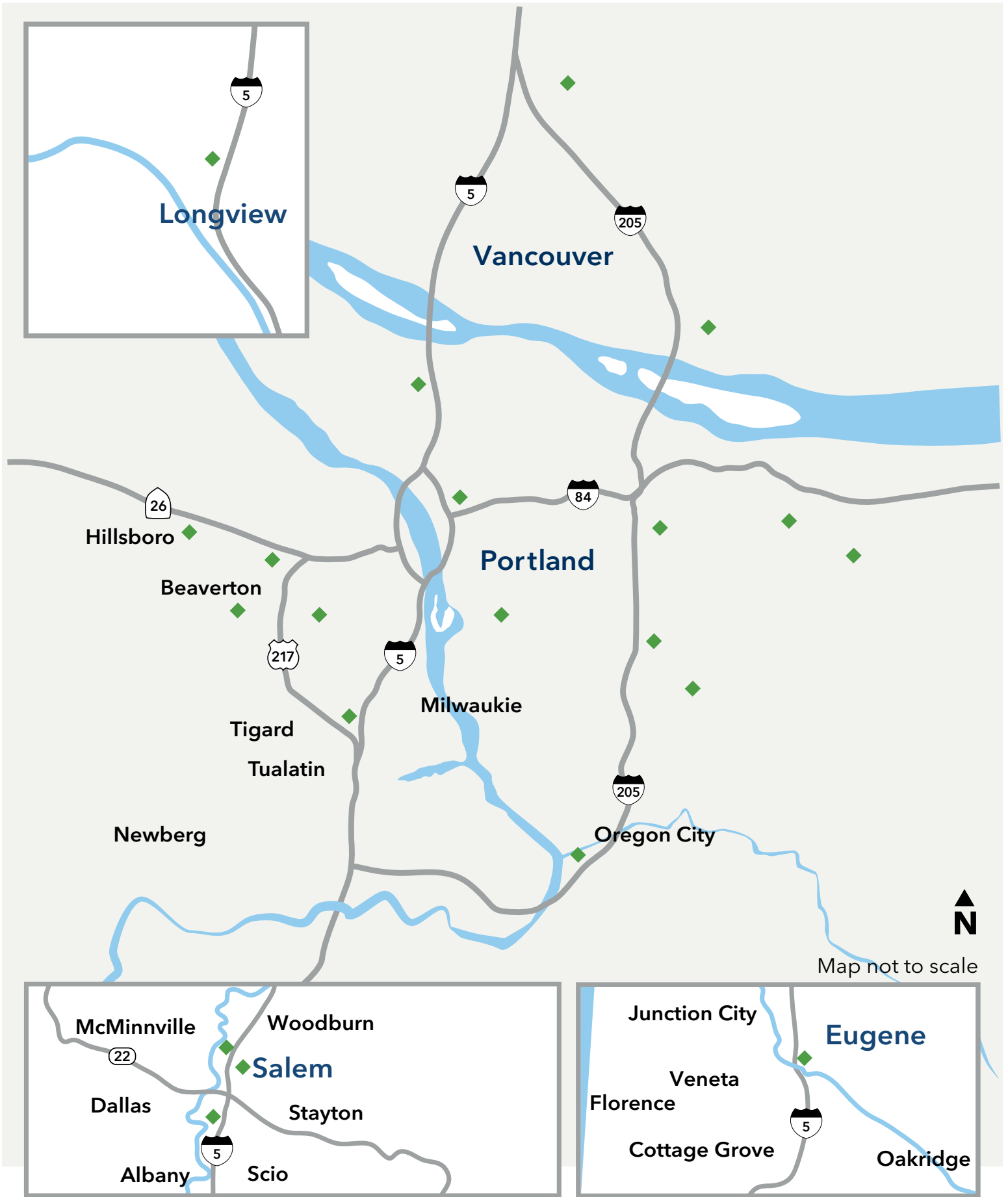
**THEN**

- 2** Call to make an appointment at **1-800-813-2000**, option 2 (TTY **711**).

# CONVENIENT ACCESS

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- › **21** dental locations
- › **Open 6 days a week** (routine hygiene and general dentist services)
- › **Standard hours:** Monday through Friday, 7 a.m. to 6 p.m.
- › **Extended hours:** Saturday, 7 a.m. to 4:30 p.m. (emergencies and routine hygiene services)
- › **24/7** emergency and urgent dental care



◆ Kaiser Permanente Dental Office

# REGISTER AND CREATE YOUR ACCOUNT @KP.ORG

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## AVAILABLE ONLINE

- Online appointments for NEW members\*
- View and cancel appointments
- Online confirmations for appointments
- Text, automated call, or email reminders
- After-visit summary (AVS) with risk assessment
- Nonurgent dental advice
- Online bill pay

\*NEW members enrolled in Kaiser Permanente Dental only or Kaiser Permanente Dental and Medical coverage can book their FIRST visit online.

### **New Online Appointment Features Beginning in April 2022**

Online booking for hygiene and orthodontic appointments  
when you receive a scheduling ticket

# QUESTIONS?

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If you have questions about billing, coverage, or claims, phone **1-800-813-2000**, option 5.

- › Coverage
- › Billing
- › Claims



# COMMUNITY BENEFIT AND **PAYMENT PLAN OPTIONS**

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## **FINANCIAL ASSISTANCE**

To qualify for assistance, you must have annual gross household income no greater than 300% of the federal poverty level. There is a \$2,000 per-member-per-year limit on dental financial assistance. You are only eligible every other year. You must pay for items or services that do not qualify, and all charges above \$2,000. Assistance will not cover care received outside our Oregon-Southwest Washington service area.

## **PAYMENT PLANS**

Kaiser Permanente offers no-interest payment plan options. You are responsible for a minimum of a 25% down payment of expected out-of-pocket liability.

A woman with braided hair, wearing a maroon hoodie, is smiling and giving a high-five to a person whose arm in a blue shirt is visible on the left. The background is a plain, light-colored wall.

**THANK YOU**

FOR THE OPPORTUNITY  
TO SERVE YOU.



**KAISER PERMANENTE®**  
DENTAL